



Grief Relief

A Grief and Loss Support Group sponsored by **Gillies Funeral Chapel**

The "**Grief Relief**" support group is an open group which means that teens or adults who have experienced the loss of a loved one in their lives can attend the group at any time. The group will continue to meet on:

Wednesday evenings from 6:00-7:30 p.m.

@ **The Gables of Brigham City Assisted Living Community Room 997 S. 800 W. Brigham City** (Please enter the building through the west door)

**The Grief Relief Support Group 2019
schedule is as follows:**

January 9 & 23

February 6 & 20

March 6 & 20

April 3 & 24

May 8 & 22

June 5 & 19 Potluck

July 3 & 17

August 14 & 28

September 11 & 25

October 9 & 23

November 6 & 20 Potluck

December 14

Night of Light @
Gillies Funeral Chapel

For Questions or concerns related to participating in the "Grief Relief" support group please contact Gillies Funeral Chapel at (435) 723-5236.